Welcome to 115:TH DISTANCE RACE

Saturday

Vaxholm Beach Sprint
Federation championship in rigged four
Waxholm Archipelago Race
Swedish Coastal Rowing Championships Endurance C2XMix
The short distance
Sunday

Swedish Coastal Rowing Championships C1X and C2X

Open for all nations
Swedish Championship medal only for participants with Swedish competition license

Competition date: 2025-08-30/31 Competition venue: All competitions take place in Vaxholm Application deadline: 2025-08-18



Vaxholms Rowing Association invites you to two wonderful competition days in Vaxholm. The various competitions are designed so that youth rowers to masters rowers can compete based on their skills and ambitions. The days include thrilling competitions, individual challenges and festivities. We plan for good fairness so that the experience is as good as possible when you visit the archipelago's capital Vaxholm. All races are open to all nations, Swedish Championship medals are only awarded to participants with a Swedish competition license.

- Vaxholm Beach Sprint is carried out in the competition classes C1X H and D as well as C2X mix Senior and Junior A. The organizer provides boats for the competition, no own boats may be used.
- The distance race as well as the national championship in rigged four is the original competition and the 115th in the order. Competition classes Men, Women and Mix (50/50). The course is 14km with start and finish at Vaxholms Rowing Association.
- o Waxholm Archipelago Race (WAR), is decided in coastal rowing boats. The course is the same as the distance race 14km.
- The short distance is the competition for everyone from beginners to experienced rowers or canoeists. You can compete alone or with your friends in rowing boats or canoes of your choice. No winners are chosen, timing takes place and prizes are raffled off to the participants. The track is about 2km long.
- The Swedish Coastal Rowing Endurance Championships are held in the classes C1X (H/D), C2X (H/D/mix). The C2Xmix class is carried out on a 14000m long course together with Distanskapprodden and WAR. The classes C1X H/D and C2X H/D are decided on a 5.5km long track.

Race schedule Saturday 30/8

Races	Time	Competition	Boat	Class	Course length
					(m)
1	09:00	Vaxholm Beach Sprint	Coastal shingle	C1XH	210
2	09:00	Vaxholm Beach Sprint	Coastal shingle	C1XD	210
3	09:30	Vaxholm Beach Sprint	Coastal double	C2X mix senior	210
4	09:30	Vaxholm Beach Sprint	Coastal double	C2X mix junior A	210
		Distance Rowing - Finnish			
5	15:30	Championships	Rigged four	Senior D	14000
		Distance Rowing - Finnish			
6	15:30	Championships	Rigged four	Senior H	14000
		Distance Rowing - Finnish			
7	15:30	Championships	Rigged four	Senior mix	14000
		Waxholm Archilpelago Race	Coastal Rowing and		
8	15:30		Gigging	All classes	14000
9	15:30	The short distance	Optional	JunB - 65+	2000
		Swedish Championships in Coastal			
10	15:30	Rowing Endurance	Coastal rod double	C2X mix	14000

Race schedule Sunday 31/8

Races	Time		Boat	Class	Course length (m)
		Swedish Championships in Coastal			
11	10:00	Rowing Endurance	Coastal shingle	C1XH	5500
		Swedish Championships in Coastal			
12	10:10	Rowing Endurance	Coastal rod double	C2XD	5500
		Swedish Championships in Coastal			
13	11:40	Rowing Endurance	Coastal rod double	C2XH	5500
		Swedish Championships in Coastal			
14	11:45	Rowing Endurance	Coastal shingle	C1XD	5500

Competition rules

The Swedish Rowing Federation's competition rules are followed. We apply extra competition regulations (races 5-8) for increased safety, each competitor must have access to a personal life jacket and tow line. This safety equipment is mandatory for all starters in Kustrodd's SM Endurance.

In case of more than 16 starting boats in a class at Vaxholm Beach Sprint, alternative qualification procedure will be applied after the Time-Trial. If 17 starters meet, the 16th and 17th times from the Time-Trial meet and the winner goes to the knockout. If 18 starters are selected, the 15th and 18th times as well as the 16th and 17th times meet and the winners go to the knockouts. 19 starters meet 14-19, 15-18, 16-17 winners to knockout, etc.

Registration (latest: 2025-08-18)

Distance Race and Waxholm AR

Vaxholm Beach Sprint

Swedish Coastal Rowing Endurance Championships

You email the registration to ordforande@yaxholmsrodd.se specify:

- o Team manager (contact person, mobile number and email address)
- Name of the association
- o Races
- o Class
- o Name of the crew including cox
- o If you want to rent a boat 1000 SEK/boat (C1X and C2X)*

We will confirm your notification, it is up to the sender to check that confirmation is made. Late registration can be made until 18.00 the day before each race.

The short distance

You register via email to <u>ordforande@vaxholmsrodd.se</u>, or on site no later than 1 hour before the start. You pay on site with Swish - 1233785136.

*We provide a limited number of boats for rent to SM Endurance, we apply first come, first served. Boat brands C1X Lite Boat, C2X Leo Coastal and Lite Boat.

Startlist

Start list is available on <u>www.vaxholmsrodd.se</u> and Face Book Distanskapprodden from 2025-08-25.

Registration fees

Distance Race, WAR and SM-Endurance

- Rigged four, 800kr
- C1x, 275kr
- C2x, 330kr
- C4x, 800kr
- Short distance 100 SEK per participant (person)
- Vaxholm Beachsprint 200kr/person
- Late registration means a double registration fee (does not apply to the short distance)

Payment will be made no later than 2025-08-20 Bankgiro, 5592-3726 Swish, 1233785136

Traffic rules Distance Racing, WAR and Short Distance

When the competition is held in public waters, the water traffic rules apply.

Pricing

Federation Championship medals in races 5-7 Hiking prize in race 6 Medals in races 1-4 RF:s SM-medalj 10-14 Draw of prizes in race 9

Accommodation

- Contact Kristin Persdotter kristinpersdotter64@gmail.com
- See also https://www.destinationvaxholm.se/sv/boende/

Dining

Light refreshments will be offered at the competition venues (coffee/tea, sandwiches and pastries).

Pre-book Lunch and BBQ

We will serve lunch in the form of a pasta dish with salad and coffee. In the evening, Clubs BBQ, a barbecue buffet with tasty side dishes, is served. All meals must be pre-booked no later than August 8 as below.

- Day lunch 100 SEK/person (drinks, salad and coffee)
- Clubs BBQ 200 SEK/person (drinks are available for purchase on site)

You pre-book the number of meals and any special diets for <u>per.lundberg@lillsved.se</u> the food is paid for on site.

Courses

Distance Rowing and WAR

Start and finish outside Vaxholm's rowing association. A distance of 14 kilometers.

The competition conditions are very challenging and exciting. The course goes over large open bays with crab lakes from winds and boat traffic and in a more protected archipelago. The course is very beautiful as it runs in the middle archipelago. Walks in a beautiful archipelago environment with sections of open water to more weather-protected parts.

The short distance

Start and finish are at VRF's rowing house. The course stretches around Tallaröfjärden and is about 2 km. The course is relatively weather-protected in terms of wind and waves. The course is challenging as it contains turns and rounds of a number of islands on the bay.

Vaxholm Beach Sprint

Held on the beach at Eriksö about 300 m from Vaxholms Rowing Association. The course is 210 m long and contains buoys that must be passed in a slalom pattern. Start and finish on land via an approximately 30 meter long running distance.

Swedish Coastal Rowing Endurance Championships

The competition is carried out on two tracks, the class C2Xmix is carried out on the 14 km course. The classes C1X H/D and C2X H/D are decided on a 5.5km long course that stretches across Tallaröfjärden outside Vaxholms RF's boathouse and southern Vaxholmsfjärden. The line passes under the Pålsund Bridge and contains sections that are exposed to wind and waves from mainly boat traffic from the fairway to Stockholm. Finish outside Vaxholms RF's boathouse.

For course maps go to https://www.vaxholmsrodd.se/Tavlingar/3-distanskapprodden-srcc-2025/

Information

For further information, please contact Per Hallmén Lundberg per.lundberg@lillsved.se

070-493 22 46

A warm welcome!